



Credentials

BCC Board Certified Coach, CCE (Anticipated 2/2012) Specialty Designations: Executive/Corporate/Leadership, Career, Health/Wellness & Personal Life Coaching

LMHC New York Licensed Mental Health Counselor (5/2006)

CGRS Certified Grief Recovery Specialist Grief Recovery Institute (5/2005)

CEC Certified Empowerment and Energy Leadership Coach IPEC (4/2005)

GTC Group Therapy Certification Rutgers, The State University of New Jersey, New Brunswick, NJ (12/2001)

MA Administration & Supervision (Educator Trainer) Montclair State University, Montclair, NJ (5/2000)

LPC New Jersey Licensed Professional Counselor (3/1999)

CCMHC Certified Clinical Mental Health Counselor, NBCC (4/1996)

NCC National Certified Counselor, NBCC (10/1995)

MA Counseling & Guidance - New York University, New York, NY (5/1992)

BA Psychology University of California, Santa Cruz, CA (6/1989)

Employment

Psychotherapist and Life Coach Private Practice, **Advanced Counseling & Coaching Services** Verona, NJ (1/1994 -Present)

Business Consulting, PR & Networking Private Practice, **Rose Business Consulting, LLC** Verona, NJ (1/2005 - Present)

Consultant (Provided Grief Counseling for a Corporate Layoff) **Bermuda Board of Tourism** (Summer 2008)

Adjunct Professor (Graduate Clinical Psychology Practicum) **William Paterson University, Wayne, NJ** (Summer 2006)

Instructor Montclair Adult School, Montclair, NJ (9/2005 - Present) (Classes: *Awaken The Goddess Within,*

Excuse Me - Your Life Is Waiting, Re-invent Your Life from the Inside Out, Energy Leadership,

The New You - Look & Feel Fabulous, LOVE - Being a Woman and Journaling to Self Discovery)

Founder of The Wellness Networking Group and Women to Women Verona, NJ (1/2005 - Present)

Business Mentor Coach - iPEC, (Institute for Professional Excellence in Coaching) Shrewsbury, NJ (1/2005 -12/2009)

Consultant (Youth Mentoring Program) - **Family Service League, Montclair, NJ** (12/1998 -9/2001)

Program & Quality Assurance Director (FAST) - Mental Health Association in New Jersey, Verona, NJ (8/1996-18/1998)

Adjunct Professor, Learning Assistant & EOF Counselor - Bloomfield College, Bloomfield, NJ (3/1994 -8/1997)

Adjunct Professor & Personal/Career Counselor - Berkeley College, Woodbridge, NJ (9/1994 -9/1995)

Mental Health Clinician Mountainside Hospital - Dept. of Psychiatry, Montclair, NJ (8/1992 -2/1994)

Internships and Volunteer Work

Volunteer Board Youth Advisor Good Grief (non-profit) Morristown, NJ (1/ 2006 - Present)

Teacher for Grieving Children Rainbows of NJ, Summit, NJ (1996 -1998)

Big Sister Offenders Aid & Restoration, Newark, NJ (1992 -1996)

Founding Member Terry's Serendipity Café, Montclair, NJ (1995 -1998)

College Counselor Montclair State University Counseling Services, Montclair, NJ (1/2000 -5/2000)

EAP Counselor Hoffman-LaRoche EAP, Nutley, NJ (9/1999 -12/1999)

College Counselor New York University Counseling Services, New York, NY (1/1992 -8/1992)

Addiction Counselor COPE Center, Montclair, NJ (1/1991 -12/1991)

Domestic Violence & Sexual Assault Advocate Women's Crisis Support, Santa Cruz, CA (1/1988 -12/1988)

Chronically Mentally Ill Counselor Stepping out, Santa Cruz, CA (1/1988 -12/1988)

Adolescent Support Counselor Youth & Family Services, Santa Cruz, CA (9/1986 -12/1987)

Suicide Hotline Counselor American University, Washington DC (1/1985 -12/1985)