



Sue Waldman, MA, LPC, CEC



Sue Waldman, president of **Advanced Counseling & Coaching Services** and **Rose Business Consulting, LLC** is a dynamic and dedicated Psychotherapist, Certified Life Coach and Business Consultant. A Licensed Professional Counselor in NY and NJ, she is a sought-after inspirational speaker, corporate trainer, workshop facilitator, individual and group therapist, and educator specializing in mental health, personal development, spirituality and wellness. Her visionary motto, "**Anything Is Possible!**" embodies the spirit with which she directs clients and organizations in reaching their highest potential.

Sue Waldman holds a Bachelors degree in Psychology from the University of California, Santa Cruz, a Masters degree in Counseling & Guidance from NYU, a Masters in Administration & Supervision from Montclair State University and several certifications in counseling and coaching. Professionally, Ms. Waldman is known as an exceptionally energetic, creative, and results-oriented, personal and professional transformation expert. Personally, Sue is extraordinarily compassionate, caring and empowering. Sue Waldman is a dynamic problem solver and a progressive thinker who inspires and educates people with enthusiasm and motivation to step outside the box. As a complement to her psychotherapy practice, Ms. Waldman has created a variety of support groups, workshops, networking meetings, online radio shows, and tele-seminars that have supported hundreds of individuals and countless professional groups in maximizing their success potential. Her trademark techniques draw upon the wisdom of all of her professional disciplines to bring about increased happiness, fulfillment and a renewed passion for life. Among the courses that she has designed and executed are: *New Beginnings for Women, Awaken the Goddess Within, Loving the Life You Live! Excuse Me - Your Life Is Waiting, Reinvent Your Life from the Inside Out, Motherless Daughters, Awaken Your Potential, The New You - Look & Feel Fabulous, LOVE Being A Woman and Journaling from the Soul.*

An experienced entrepreneur with extensive networking and business marketing expertise, in 2005, Sue single-handedly founded the **Wellness Networking Group**. This organization is a community of healing industry professionals who serve humanity through their professional work Sue conceived of the idea to promote a spirit of cooperation vs. competition in the health and wellness industry as a way of uniting professionals around a supportive community dynamic. Sue passionately enjoys the process of hiring speakers, co-creating workshops and organizing meetings. Twice a year, Sue hosts the **Living, Loving and Learning** workshop series. **Women to Women** (created in 2011) is both a personal and professional networking group exclusively for Women. This monthly group has provided a win-win environment for members to cross-promote their businesses, share resources, provide referrals and uplift the professional community in an inspirational way.

Sue Waldman's company, **Rose Business Consulting, LLC** provides consultative expertise to various types of businesses needing to develop their professional practices. She has worked as a Business Mentor Coach for iPEC, (Institute for Professional Excellence in Coaching) where she trained and mentored newly certified coaches and guided them to utilizing effective start-up business building techniques. Sue also contributed to iPEC's strategic planning, training, sales, business development and promotional efforts.

With transformation as the emphasis of her work, Sue has designed a number of successful personal and professional programs that assist clients and organizations in transition. Ms. Waldman was sought out by the Bermuda Board of Tourism to create and execute an intensive career counseling plan for downsized and displaced employees following a mass corporate lay-off. For her peers in coaching and counseling, like the NJ Counseling Association, Sue has developed and conducted motivational lectures and workshops. In her role as an educator, she has had the distinction of being an Adjunct Professor of psychology for four universities: William Paterson, Bloomfield College, and Berkeley College.

To balance her hands-on coaching, consulting and counseling experience, Sue Waldman also has a solid managerial background in which she has taken on such demanding positions as Program Director for the *Family Advocacy Support Team* of the Mental Health Association in NJ. In that role, she was responsible for hiring, training, "on call" supervision and directing the overall program of home support services for families referred by DYFS. Working as a Consultant for the Family Service League, Sue created the Youth Mentoring Program and was responsible for volunteer selection, training and psychological assessments.

Sue Waldman is dedicated to maintaining a commitment to her own growth and that of the counseling, coaching and education communities. Ms. Waldman is a Board Advisor for Good Grief (*a nonprofit bereavement center*). Sue is a member of the American Counseling Association and the New Jersey Counseling Association.